



## Talk to Your Doctor About METANX®

If you've been diagnosed with Type 2 diabetes and are experiencing symptoms of DPN, it's important to talk to your doctor about METANX®. Print this page and bring it to your health care provider.

### Are You Living with Type 2 Diabetes and Experiencing any of these Symptoms?

- Numbness or tingling in your feet or hands<sup>1</sup>
- Burning or shooting pain in your legs or arms<sup>1</sup>
- Unsteady on your feet<sup>1</sup>
- Your activities and quality of life have been limited<sup>1</sup>

Then METANX® may be right for you!

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### METANX®: A Different Approach to Managing Diabetic Peripheral Neuropathy

METANX® is a medical food specifically designed to address the underlying cause of diabetic peripheral neuropathy symptoms and supports the health of nerves. METANX® is supported by scientific research to effectively address the challenges of diabetic peripheral neuropathy. It contains specific nutrients that play essential roles in nerve function and regeneration<sup>2</sup>:

- **L-Methylfolate:** May increase blood flow to deliver nutrients to the nerves, helping to nourish and repair them<sup>3</sup>.
- **Pyridoxal 5'-phosphate:** Thought to inhibit the formation of substances harmful to nerves, reducing further nerve damage and supporting nerve health<sup>4</sup>.
- **Methylcobalamin:** Helps replenish the protective covering that surrounds nerves, improving nerve function and restoring sensation<sup>5</sup>.

METANX® is well-tolerated and can be taken safely with diabetic peripheral neuropathy and diabetes therapies<sup>3</sup>.

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### METANX®: Helping to Protect Nerves from the Damage of DPN

Dear Healthcare Provider,

METANX® is available through Brand Direct Health® Pharmacy:

1. Please visit [BrandDirectHealth.com](http://BrandDirectHealth.com) for fax and phone options
2. Or look for Brand Direct Health® under "mail order" pharmacies in your e-prescribe system.
3. Or add Brand Direct Health® to your e-prescribe system:

By incorporating METANX® into your patient's treatment plan, they can take significant steps towards managing their symptoms, improve their nerve health, maintain and even improve sensation, and enhance their quality of life<sup>6,7</sup>

References: 1. Bastry EJ 3rd, et al. Clin Ther. 2005; 2. Jacobs AM, et al. Rev Neurol Dis. 2011; 3. Fonseca VA, et al. Am J Med. 2013; 4. Nakamura S, et al. Soc Nephrol. 2005; 5. Mutiawati E, Meliala L, Aji D, et al. Hum Veterinary Med. 2015; 6. McNamara VF, et al. J Diabetes Mellitus. 2016; 7. Jacobs AM, et al. J Diabetes Mellitus. 2013.

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